The programs below will be offered in conjunction with Elite Sports Training with nationally certified coaches and college experienced instructors.

LITTLE ELITE VOLLEYBALL CAMP

Elite Sports Training brings Fun and Fundamentals for Boys and Girls. This is a great introduction for the young volleyball player to learn sound fundamentals and skills in one of the largest growing sports in America!

Day: Tuesday - Thursday

Date: June 5 - 7 Course Code: 12256

Time: Noon - 2:00 p.m.

Fee: \$60 per resident \$90 per non-resident

Grades: 3 - 5 Location: TBA



IMPACT VOLLEYBALL CAMP

Learn the volleyball fundamentals, position-specific training, and court knowledge that will take beginning and intermediate players to the next level.



Day: Monday - Thursday

Date: June 11 - 14 <u>Course Code</u>: 12257

Time: Noon - 2:00 p.m.

Fee: \$70 per resident \$105 per non-resident

Grades: 6 - 8 Location: TBA

ELITE VOLLEYBALL CAMP

Both developing and advanced level players will experience a dynamic high intensity skills, drills, and conditioning program. Campers will focus on position specific training, advanced defensive and offensive techniques, as well as learning the collegiate and Olympic standards.

Day: Monday - Thursday

Date: July 9 -12 <u>Course Code</u>: 12258

Time: Noon - 2:00 p.m.

Fee: \$80 per resident \$120 per non-resident

Grades: 9 - 12 Location: TBA

ELITE BASKETBALL CAMP

Basketball players this is for you! Boys and girls will enjoy this fun and dynamic camp focusing on skills, drills, and fundamentals. Take part in this outdoor basketball camp and get back to the black-top and improve your game.



Day: Tuesday - Thursday

Date: June 26 - 28 Course Code: 12259

Time: 12:30 p.m. - 2:30 p.m.

Fee: \$80 per resident \$120 per non-resident

Age: 12 - 18 years old

Location: Kenwood Park Basketball Courts

STICKS AND KICKS CAMP

Boys and Girls learn techniques and fundamental skills of the Olympics' two most rapidly growing sports: **Lacrosse** and Soccer. Taught by professional and certified coaches.

Day: Tuesday – Thursday

Date: June 26 – 28 Course Code: 12260

Time: 8:00 a.m. - Noon

Fee: \$85 per resident \$127.50 per non-resident

Age: 12 – 18 years old Location: Kenwood Park Field

